



Oregon Medical Group Management Association
the state affiliate of MGMA

Leaders Helping Leaders

Membership Matters

a publication for members of Oregon
MGMA August 2023

Message from our *President*

Hello, fellow Oregon MGMA members!

I am so honored to be a part of the Oregon MGMA. My healthcare career started 32 years ago as a medical assistant. I have worked in every capacity in a medical practice (well except the position of doctor and I will happily leave that to them). Back then, if you would have told me I would be serving on the Oregon Medical Group Management Association Board of Directors, and as your newly elected President, I would have probably laughed.

The friendships and relationships that come from being a part of this association are priceless. I owe much of my professional growth and success to the people I have met along the way, most of whom were or are a part of OMGMA. This association continues to be so important for those of us who practice in Healthcare Administration. It was a god send during the last few years dealing with issues we never had to solve before (meaning covid rules and regulations, PPP loans etc..). Now as we are "getting back to the new normal" as the world says, having OMGMA and its members in our corner, I know we can face any challenges that come our way because we are not alone. I know that your OMGMA Board continuously works to stay on top of learning about any new and relevant education and resources, so we can offer that knowledge base to our members.

I am so excited about all of the upcoming educational opportunities during this next term. The next MTO Meeting (managers time out) is scheduled for September 22nd in Astoria. The 2024 Pacific Northwest MGMA Conference (Oregon & Washington combined) will be held at the Hilton Portland, April 17th-19th. At every conference or MTO you will meet new people, learn something from each speaker and enjoy yourself. If you have never attended one this is your official invitation to come, network, and have a great time. There are also monthly member webinars and a great zoom meeting offered through the MPHE forum every other Wednesday. We also offer support for those working toward ACMPE certification, and a Facebook and LinkedIn group. Please feel free to contact any of the board members to learn more about participating in any of these opportunities.

Lastly, I would like to encourage you, if you are not certified (ACMPE) take a leap of faith and do it! You will not regret it. I would like to ask everyone, certified or not, to take an active role in the association, attend meetings, vote for your board of directors, join the board or even join a committee when we have openings (you do not have to be on the board to participate in a committee). The current committees include:

- | | | |
|------------------|-----------------------|--------------------|
| Membership | Partners / Exhibitors | Government affairs |
| Education (MTOs) | ACMPE | Nominations |

If you are interested in participating in any of these committees, you can reach out to me or any board member and we can connect you to the right person to get you started.

Thank you for the opportunity to serve as president in the 2023-2024 term. I look forward to all that is to come and thank you for being a part of OMGMA.



Oregon MGMA President
Charleen "Char" Hall, CMPE

Upcoming Events and Education

Access our available on-demand member webinars!

Sign-in at www.omgma.com and proceed to the Members ONLY/Member Webinars and On Demand Library page for registration and free viewing of previously recorded webinars and handouts

MGMA STATE AFFILIATE

SEPTEMBER WEBINAR
MGMA WASHINGTON UPDATE

Presented by:
CLAIRE ERNST, JD, DIRECTOR
MGMA GOVERNMENT AFFAIRS
JAMES HAYNES, JD, ASSOC DIRECTOR
MGMA GOVERNMENT AFFAIRS

12 SEPTEMBER 2023

1:00 PM EASTERN
12:00 PM CENTRAL
11:00 AM MOUNTAIN
10:00 AM PACIFIC

Eligible for 1.0 ACME credit

About MembershipMatters

MembershipMatters is a periodic member publication by the Oregon Medical Group Management Association to help keep our members informed of Association activity. Articles or portions of articles may not be copied without written consent of Oregon MGMA. Articles published in MembershipMatters contain the expressed opinions and experiences of the authors and do not necessarily represent the position of Oregon MGMA. The content of this publication is for information purposes only and is not intended to replace financial or legal advice.

Ad Space

Sponsorship space is available for Oregon MGMA Partners. For rates, ad specs and deadline dates for future issues please contact the Oregon MGMA office: main@omgma.com

A Call to Authors

Oregon MGMA welcomes the submission of articles and other information from our members and for publication. To submit a potential article for the next issue please contact the Oregon MGMA office: main@omgma.com

Contact Information

Oregon MGMA
P.O. Box 790, Sherwood, OR 97140
Phone: (971) 373-1477 | Fax: (877) 872 3493
Email: main@omgma.com
Website: www.omgma.com
Pacific Northwest Medical
Management Conference: www.pnwmgmaconf.com

Membership Reminders

Annual dues renewal invoices are issued to members via email, 30 days before your membership expiration date. Don't overlook renewal of your membership dues. You can always access a copy of your dues invoice and make payment directly from your Member Account at www.omgma.com after you sign in.

We appreciate your continued membership. Contact our office at main@omgma.com if you need help!

Managers Time Out

Check out the
OMGMA Events Page

September 22, 2023
Columbia Memorial
Hospital's Columbia Center
Astoria
Sponsored by



November 30, 2023
Saint Irene's
Event Center
Tualatin
Sponsored by





Leaders Helping Leaders

In The News

Meet Your Oregon MGMA Board of Directors: 2023-2024 Administrative Term

Executive Committee



Charleen Hall, CMPE
President
Barnes Foot and Ankle
Portland, OR



Deb Bartel, FACMPE, CRHCP
President Elect
Legislative Chair, Membership Committee
Woodburn Pediatric Clinic
Woodburn, OR



Pam Colburn, FACMPE
Immediate Past President
Pediatric Associates of the Northwest
Portland, OR



Brenda Anderson, CMPE
Secretary
Southwest Family Physicians
Tigard, OR



Donna Duval, FACMPE
Treasurer
Allcare Health
Grants Pass, OR

Directors



Rondyann Gerst, CMPE, CPC, CRHCP
Membership Chair
Oregon Office of Rural Health | OHSU
La Grande, OR



Jamie O'Hollaren, MA, FACMPE
ACMPE & Membership Committee
Providence Heart Institute
Portland, OR



Lauren Harris, FACMPE, CPCO
ACMPE Chair, Social Media Committee
Harris Healthcare Consulting, LLC
Portland, OR



Michelle Corn, MBA, FACMPE
Oregon Health and Science University
Portland, OR



Terrie Molin, CMPE
Hillsboro Pediatric Clinic LLC
Hillsboro, OR



In The News

Meet Your Newest Oregon MGMA Board Members

Director

Michelle Corn, MBA, FACMPE



Michelle is currently the Senior Director of Community Hematology Oncology at Oregon Health & Science University (OHSU). In this position, Michelle oversees operations for six clinics and seven infusion units in Oregon and Washington. Michelle joined the OHSU team in 2021 after relocating from Baylor Scott & White Health in Temple, Texas where she served as director of operations over several medical specialties. Michelle has a bachelor’s degree in public relations and a MBA. She became a member of National MGMA in 2015, and Oregon MGMA in 2022, about a year after relocating to the pacific northwest.

Michelle is a Fellow of the American College of Medical Practice Executive (FACMPE), Lean Six Sigma Green Belt certified through MGMA, and is proud to be twice published in MGMA Connection. Michelle states, “It is a privilege to be appointed to the OMGMA Board of Directors, and I look forward to helping fulfil the OMGMA mission of promoting and supporting healthcare leaders through education, advocacy, and resources.”

In her free time, Michelle enjoys maintaining an active lifestyle through horseback riding (primarily dressage), weightlifting, and attending OrangeTheory and Peloton classes. She likes to explore the beautiful outdoors of the PNW through hiking and kayaking with her husband, and takes pleasure in the company of her two cats, Pretzel and Kosi.

Director

Terrie Molin, CMPE



Terrie Molin has worked at Hillsboro Pediatric Clinic for 19 years. The last nine of those years as the Clinic Administer. Terrie has a passion for quality improvement, enabling our providers to give the best possible care to our patients.

Terrie loves hiking the Pacific Northwest trails, gardening and reading along the river. Terrie has been involved in Oregon MGMA since 2014. and is looking forward to serving the OMGMA community.

2023 Pacific Northwest MGMA Conference Recap By The Numbers

52
supporting
sponsors &
exhibitors



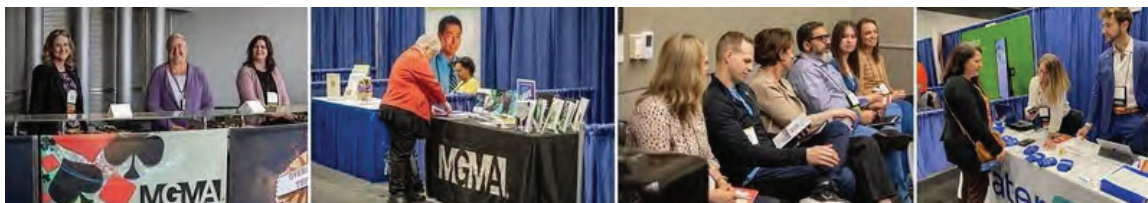
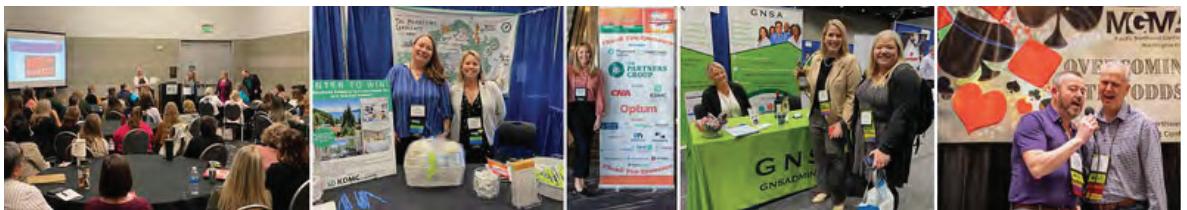
171
attendees
from
4
states

11.0
available live
CE hours



14
concurrent
sessions
offered

2
dedicated
networking
events



4.5/5
attendee rating
for overall
impression of the
2023 PNW
MGMA
Conference



Leaders Helping Leaders

Oregon MGMA Partner Spotlight

THANK YOU 2023 Partners

Oregon MGMA is fortunate to have a network of amazing Vendor Partners who help to support our education, events and other services. The [online Partners Place](#) lists the many business categories represented by our Vendor Affiliate members. When you are considering a vendor for a new or existing service in your practice, please look here first.

Paula Hazen

Arbor Bank

paulahazen@arborbanking.com | (402) 281-4634

Mike Tijerina

Centerlogic IT Services

miket@centerlogic.com | (503) 701-4462

Kelly Gannon

CNA Healthcare

kelly.gannon@cna.com | (503) 431-3073

Tracy Paul

DBS Health Information

tracy@dbshealth.com | (541) 312-4591

Jennifer Lewis

Delphina Solutions

jennifer@delphinasolutions.com | (541) 935-5727

Caroline Fisher

Germane & Wise Mental Health

cfisher@germanewise.com | (503) 269-3610

Robert Nicholl

GNSA

rnicholl@gnsadmin.com | (503) 972-1966

Sarah Lamb

HealthMark Group

slamb830@yahoo.com | (512) 557-5213

Bart Oxley

HUB International Insurance Services

bart.oxley@hubinternational.com | (650) 793-8826

Nicole McOmber

Jones & Roth CPAs and Business Advisors

nmcomber@jr CPA.com | (541) 687-2320

David Kaufer

KDMC Healthcare Marketing

david@kauferdmc.com | (425) 529-5362

Alexandra Henderson

Kidder Mathews

alexandra.henderson@kidder.com | (503) 830-5431

David Ellsworth

Medical Answering Service of Oregon

dellsworth@medicalanswering.com | (503) 232-5020

Paula Purdy

My Team Medical Staffing

paula@myteammedicalstaffing.com | (503) 922-1393

Leif Ergeson

PayneWest Insurance, Inc.

lergeson@paynewest.com | (509) 853-4211

Michael Preisz

Preisz Financial

michael@preisz.com | (503) 224-1600

Matthew McCreith

Schooley Mitchell of Portland

Matthew.McCreith@schooleymitchell.com |
(503) 201-2732

Barbra Nault

Studebaker Nault, PLLC

admin@studebakernault.com | (425) 2799929

Chad Kjemhus

USI

Chad.Kjemhus@usi.com | (503) 295-8319

Managers Time

MGMA[®]

OREGON



Date & Time: Friday, September 22, 2023 | 12:00 PM – 4:00 PM

Location: Columbia Memorial Hospital's Columbia Center
Coho Conference Room, 2nd Floor
2021 Marine Drive, Astoria, OR 97103
Free off-street parking nearby at no cost

FREE RSVP HERE by September 13, 2023: <https://www.omgma.com/Events>

The Oregon MGMA Networking and Regional Outreach committee would like to invite you to our Astoria Managers Time Out Meeting on Friday, September 22. The purpose of this committee is to provide outreach to many geographical areas of Oregon. These Manager's Time Out (MTO) meetings are free to attend and open to Practice Managers, Physicians and Healthcare Staff. MTO meetings include educational and networking opportunities for current and future Oregon MGMA members presented in multiple locations. If lunch provided if requested during the RSVP process. MTOs are closed to those who provide products and services to providers.

RSVP by Wednesday, September 13 and let us know if we should order you a lunch

SPEAKER AND AGENDA



Lauren K. Harris FACMPE, CPCO

Lauren K. Harris, FACMPE, CPCO – Owner, Harris Healthcare Consulting LLC

Ms. Harris is passionate about medical practices and enjoys partnering with them to help them succeed. After more than 25 years of honing leadership and operational skills with various practice specialties in large and small organizations, she started her own consulting business in July 2020 to collaborate with practitioners and practice leaders by providing business, leadership development and operational expertise. Ms. Harris believes that delivering patient-centered, cost-effective, and efficient healthcare is more important than ever and practice leaders and practitioners need expert guidance and support to enable them to identify and achieve their goals.

12:00 PM... Arrival

12:15 PM... Opening Announcements

12:30 PM - 1:45 PM... 2 Part Workshop: Part One - Resilience, Relationships, Recuperating and Rebounding

Session Objectives

- Identify what resilience is and how to practice it yourself and with your team
- Learn new ways to reduce anxiety
- Learn techniques for developing stronger work relationships and addressing conflict
- Identify tools to help you recuperate and rebound from these extraordinary times

1:45 PM... Passing Break

1:45 PM – 3:00 PM... 2 Part Workshop: Part 2 - Productivity is Personal

Session Objectives

- Develop a new perspective on time management
- Learn practical tips to help you take control of your tasks and time

3:00 PM - 4:00 PM... Networking

Sponsored by





Committee Corner

ACMPE Advancement Committee

Check out our new updated ACMPE pages and links on the OMGMA website:

[Oregon MGMA – ACMPE \(omgma.com\)](http://omgma.com)

ACMPE DROP-IN STUDY GROUP

Lauren Harris hosts a monthly ACMPE Drop-In Study Group via Zoom on the third Tuesday at 1 pm. These are conversational, unstructured, relevant discussions with members from across the country. You can email her at lauren@harrishealthcareconsulting.com to be added to the meeting invites.

ACMPE FACEBOOK GROUP

If you are looking for additional support on your Certification journey, you can join the ACMPE Facebook Group at <https://www.facebook.com/groups/acmpe>. Resources, questions and answers are posted by mentors who are CMPEs and Fellows and happy to help you succeed!

ONLINE STUDY GROUP starts 9/1/2023

Thinking about ACMPE Certification? Now is the time to take the next step! The next online study group begins on Friday, Sept. 1st at 11:00am ET/10:00am CT. This free, 7-week study group is designed to help you prepare for the certification process. For more information and to register: [Tennessee MGMA - ACMPE Online Study Group \(tmgma.com\)](http://tmgma.com)

ACMPE TESTING UPDATES:

- Testing will take place August 1-31 with the new examination forms
- No testing will take place between July 1-31 or September 1-30
- Regular on-demand testing will resume on October 1

Releasing new exam forms sounds scary, but it is a really great thing for our members! This means new forms without any outdated questions, poorly performing questions, and poorly worded questions.

FELLOWSHIP HOW TO WEBINARS:

MGMA hosted two Fellowship: "How to" webinars. These are now recorded and available for Fellow applicants to watch. These are great for those interested in Fellowship to understand the requirements and process.

- ACMPE - Fellowship Pathway 1: [GMT20230626-170011 Recording_1920x1080 \(brightcove.net\)](http://brightcove.net)
- ACMPE - Fellowship Pathway 2: [GMT20230628-170016 Recording_1920x1080 \(brightcove.net\)](http://brightcove.net)

ACMPE COMMITTEE - acmperep@omgma.com

Lauren Harris, FACMPE
Donna Duval, FACMPE
Jamie O'Hollaren, FACMPE
Sarah Scott, FACMPE



Committee Corner

Membership Committee

Oregon MGMA Committee Involvement

Get involved, join an OMGMA committee, and maximize your investment. Sign up today!

OMGMA welcomes new volunteers and new ideas to their committees. If you are interested in an opportunity to get more engaged with OMGMA, we encourage you to join a committee. Complete the form below and check the boxes to indicate which committee you want to participate in.

Please fill out our [online Join an OMGMA Committee form](#). If you have questions, please get in touch with OMGMA for more information.

Thank you for your interest!

Membership

This committee works closely with the Executive Director to welcome new OMGMA members, broadcast membership information, and focus on membership drive ideas.

Partners/Exhibitors

The Committee promotes vendor sponsorship and participation at the OMGMA conferences. The committee will devise, implement and oversee a program that will add, maintain and encourage vendor participation.

Government Affairs

This committee actively participates in various levels of government to represent and support the interests of its members. Committee members keep members informed about political and regulatory issues that relate to the industry.

Education (MTOs)

This committee helps to plan Manager Time Out Meetings which provide educational outreach to all geographical areas of Oregon. This committee also works to find sponsors to support these programs.

ACMPE

This committee promotes MGMA/ACMPE membership through communication, coordination, and membership support for ACMPE activities. The committee offers a professional network of mentors for ACMPE members in OMGMA with access to resources to help enrich the professional development of all OMGMA members.

Nominations

This committee calls for nominations from the general membership and subsequently presents a slate of candidates for any open Board positions for the ensuing Administrative year to be elected by the membership during a membership meeting by the attending members.

MEMBERSHIP COMMITTEE - main@omgma.com

Rondyann Gerst

Debra Bartel

Jamie O'Hollaren

2024 CONFERENCE AND CELEBRATION

CELEBRATING THE PAST,
DEFINING THE FUTURE

APRIL 17 - 19, 2024
HILTON PORTLAND DOWNTOWN

50th
MGMA[®]
WASHINGTON STATE

35th
MGMA[®]
OREGON

www.pnwmgmaconf.com